



Seniors & Disabled Residents Food & Grocery Assistance

Dear Salem Resident : As part of our continuing effort to provide alternative grocery resources, here is a short list of local pantries and agencies that can help you obtain food and assistance. We are also working hard to bring a fully featured grocery store into town, and will keep you apprised of our efforts. Thank you for your patience and support.

Mayor Washington & Common Council, City of Salem

Mt. Hope United Methodist Church ~ 364 E. Broadway ~ Every Third Saturday ~ 9 am to 1 pm ~ No Appointment needed ~ 1 visit per month ~ 935-2091

The Salvation Army ~ 115½ W. Broadway ~ Monday to Friday, 10 am to 2:30 pm ~ Appointments preferred ~ Photo ID and income proof needed ~ 1 visit every 90 days ~ 935-0305

Mickey Bowman Food Pantry ~ 130 W Broadway ~ 2nd Saturday of Each Month ~ 9 am to 11 am ~ First visit requires photo ID and proof of Salem city residency ~ 935-0531

Mt. Calvary SDA Church ~ 5 Union Street ~ 3rd Thursday 4 pm to 6 pm ~ Photo ID & proof of income, county residents only ~ one box of food per family ~ 935-5172

St. John's Pentecostal Church ~ 22 New Market Street ~ 2nd & 3rd Friday 8 am to 12 pm ~ 1 visit per week, rear door of church ~ no additional requirements.

SNAP (Food Stamps) ~ Nutrition Assistance for low income families & individuals ~ 800-687-9512 or 856-299-7200 to apply

Catholic Charities ~ 25 Oak Street ~ 856-339-4102 ~ SNAP application help, housing, food pantries, etc.

Salem Office on Aging ~ Weekly bus trip to grocery stores ~ Must call 339-8644 for screening and qualifications